

## Trail Descriptions and Etiquette

Trails in the West Cuesta Ridge area vary from dirt roads to rocky, technical singletrack. The majority of this coastal chaparral riding area is in the Los Padres National Forest. However, trails also cross through lands owned by the City of San Luis Obispo, the Land Conservancy of SLO County, and California Polytechnic State University. Trail conditions vary widely in each parcel of land, but typically feature abundant singletrack, hairpin turns, shallow water crossings, as well as the occasional small herd of cattle in the lower areas. The upper ridge trails offer panoramic views of the entire county extending to the ocean.

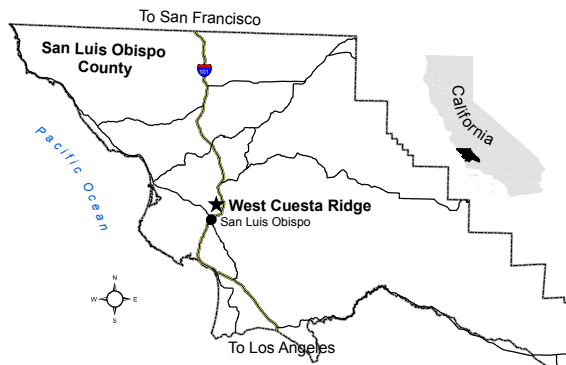
When riding these trails, please be mindful of the etiquette recommended by the International Mountain Bicycling Association (IMBA) and CCCMB:

1. Only ride on open trails.
2. Leave no trace.
3. Ride in control of your bicycle.
4. Always yield trail to others.
5. Never scare animals or people.
6. Plan ahead.

## Driving Directions

The West Cuesta Ridge area is located in San Luis Obispo County, California .

From Hwy 101, exit at the summit of Cuesta Pass, turning west on to TV Tower Road.



## Who We Are

Since 1987, CCCMB has been working to keep local trails open for trail users. CCCMB members have invested thousands of hours of volunteer effort in the repair of trail erosion, as well as in constructing new trails. Additionally, CCCMB actively represents mountain bikers and other trail users in the political arena. Responsible trail use and observation of trail etiquette are of fundamental importance. This helps to ensure continued trail access for all, prevent erosion and reduce user conflict. As always, all who enjoy this land — hikers, runners, equestrians, and cyclists — are invited to join in and help ensure continued access to our public trails.

## CCCMB Trail Maintenance

CCCMB conducts half-days of trail work every month, generally on a weekend morning. No prior trail building experience is necessary, as instruction and tools are provided. A schedule of work days, times, and locations is available at [www.cccmb.org](http://www.cccmb.org). Additionally, two major workdays are held each year. These all-day events feature meals, tee shirts, and raffle prizes for all participants. Come join the fun!

## CCCMB often hosts workdays on trails in the following areas:

- Montana de Oro State Park
- Morro Bay State Park
- Cerro San Luis Natural Preserve
- Irish Hills Natural Reserve
- Santa Margarita Lake Regional Park
- Lopez Lake Recreation Area
- Los Padres National Forest:
  - Cerro Alto Campground
  - Morning Glory Trail
  - Fernandez Trail

**Please visit [www.cccmb.org](http://www.cccmb.org) for an up-to-date schedule.**

### Disclaimer

*The creator of this map and CCCMB are not in any way responsible for personal injury, damage to property, or any violation of the law in connection with the use of this map. Maps are not for sale. Map printed in 2008.*

# A Guide to Mountain Biking Trails in West Cuesta Ridge Area of the Los Padres National Forest

*produced by*



Visit [www.cccmb.org](http://www.cccmb.org)  
to learn more about

**Central Coast Concerned Mountain Bikers**  
and for a schedule of trail maintenance work days.

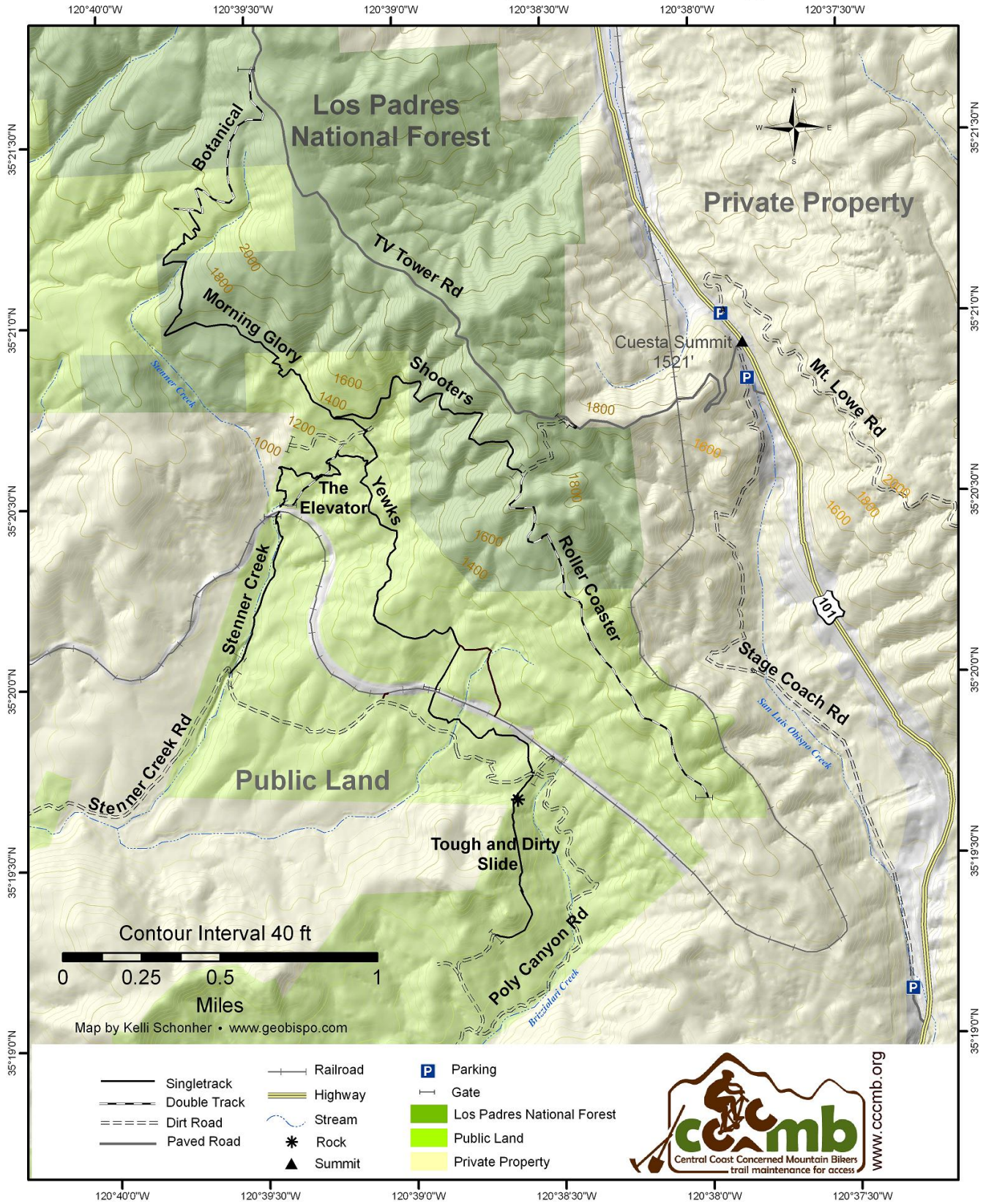
Trail maps can be downloaded from  
[www.cccmb.org](http://www.cccmb.org) and [www.slopost.org](http://www.slopost.org)

For additional park information contact:  
Los Padres National Forest,  
Santa Lucia Ranger District  
(805) 925-9538

Latitude: 35.347071

Longitude: -120.630670

# West Cuesta Ridge Trail Map



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